

Algorithm:

```
/initailize the flags and set Previous_Sum =0

//Get the x,y,z values of accelerometer.

v1 = sensorEvent.values[0];
v2 = sensorEvent.values[1];
v3 = sensorEvent.values[2];

//Compute the sum

sum = v1 + v2 + v3;

if (sum < Previous_Sum) // When the Phone moves up
    then Phone direction is UP
else if (sum > Previous_Sum) // When Phone goes down
    then phone direction is DOWN

if (CurrentDirection is opposite to PreviousDirection)

    // Direction change
    {
        if (Phone is moving Down) {
            Then get the last value when the phone was
            moving Up from PreviousSum.

            Set MovedUp

        } else if (Phone is moving Up) {
            Then get the last value when the phone was
            moving Down from PreviousSum.

            Set MovedDown
        }

        if (MovedUp and MovedDown are Set ) {
//Assuming the in a step your legs will move up and down

if (difference between extremes of UP and Down is greated
than > DIFFERENCE) {

        //Step has been taken
        //Add the calorie Burnt by taking into account
the Step length(Set to 20inches) ,the weight of the user(Entered when
creating the profile)

        }
        Reset MovedUp and MovedDown
    }
}
PreviousDirection = CurrentDirection;
Previous_Sum = sum;

}
}
```